

day of procedure

The morning of the procedure, do not eat, drink or smoke. High blood pressure and heart medications may be taken with a sip of water.

Please avoid make-up and nail polish the day of the procedure. Do not use perfumes or colognes.

the good news

After all this, your first regular meal should taste great!

where to go

- Ocean State Endoscopy
148 West River St., Suite 3
Providence, RI
- Miriam Hospital (Admitting)
164 Summit Avenue
Providence, RI
- St. Joseph's Fatima
200 High Service Avenue
North Providence, RI
(Fatima will send you instructions)
- RI Hospital (Parking Lot-A)
593 Eddy St., Providence, RI
9-B Main Building
- Blackstone Valley Surgical Center
1526 Atwood Ave., Johnston, RI
3rd Floor

Date:

***Time:**

Please call us if you have questions.

* Please Note: Appointment time may change due to scheduling.

Upper Endoscopy

Preparation Instructions

Please notify the office 5 to 7 days in advance if you need to cancel your appointment

Consultants in Gastroenterology

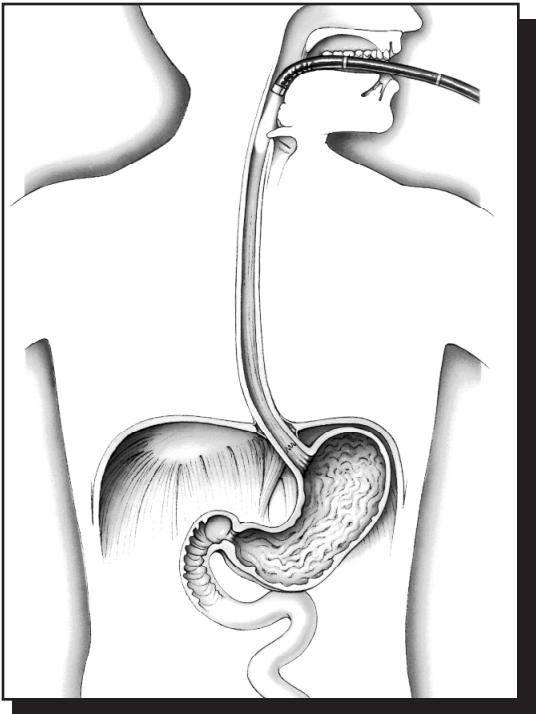
148 West River Street, Suite 3
Providence, Rhode Island 02904

☎ 401-421-6306

Fax: 401-453-0330

about this procedure

A small, flexible tube will be passed through the mouth and into the stomach and upper intestine. This procedure will let the doctor look at the lining of your esophagus, stomach and upper intestinal tract. A small sample of tissue may be taken for further study. This is called a biopsy. There may be photographs taken.



You will receive medication for relaxation. This is called conscious sedation, as you are not put completely to sleep but you should be comfortable. **You must bring someone who will drive you home after your procedure.**

If your insurance has changed, you must notify the office. Failure to do so, in some instances, can result in non-payment for this procedure.

getting ready

Do not take aspirin or other medication with aspirin in it, for 7 days before your procedure. You may use Tylenol.

Please notify the office one (1) week before your procedure if:

- you are a diabetic and take insulin or other medication for diabetes; or
- you are on Coumadin or blood thinners; or
- you have an artificial heart valve.
- if you have **asthma** and use an inhaler bring it with you.

Do not eat, drink or smoke anything after midnight the night before your procedure.